



Redmond Parks and Recreation Department  
Medical Information and Authorization

Please fill out and bring to first class.  
Copies of this form are accepted.

**After Hours - 1<sup>st</sup> Semester 2016-17**

Participant's Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Doctor/Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

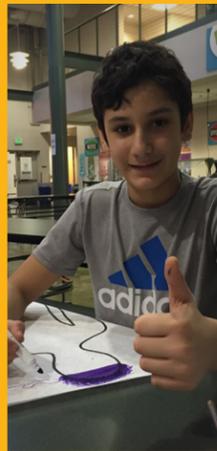
Special Information: Medication, allergies (bee sting, foods, etc.), limitations, surgery, heart, etc.:

Waiver of Liability: Should an emergency occur, for which I cannot be contacted, I/we will allow my/our child to be treated by a hospital, physician, or other certified medical personnel in the event of injury, accident, or illness. I/We further agree to assume all risks and hazards incidental to such participation, including transportation to and from the activities and do hereby waive, release, absolve, indemnify, and agree to hold harmless City of Redmond Parks and Recreation Department, park supervisors, instructors, volunteers, and authorized persons transporting myself or my/our child for any claim arising out of any injury to myself or my/our child, except injury caused by or resulting from the sole negligence or concurrent negligence of the City or its agents. I also authorize the use of photographs and/or videotapes of my child/children/ward or myself as part of the City of Redmond promotions.

If you do not want your photos or videos published, please check the box, and give this form to program staff.

Signature(s) \_\_\_\_\_ Date \_\_\_\_\_

Lake Washington School District does not sponsor, endorse, or recommend any of the organizations, services, or activities described in these materials. In consideration for the privilege to distribute these materials, Lake Washington School District shall be held harmless from any causes of action filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees, judgments, or awards.



**Study Lab**

Mon, Tues, & Thurs, 2:30-3:30pm  
Wed, 1-3pm

Need help with homework? Or just a quiet place to work? Study Lab is a free drop-in homework program run in partnership with the City of Redmond and RMS. Students can receive assistance from staff, volunteers, and peers as they work on homework and projects. Study Lab is located in the RMS Library.

**ABOUT**

After Hours programming at Redmond Middle School (RMS) is an afterschool enrichment program run in partnership with RMS and the City of Redmond. Each semester we offer clubs, classes, and field trips.

Take a look inside the brochure and register for this semester's program offerings. Classes and field trips are subject to cancellation if minimum numbers are not met. Scholarships are available.

**CONTACT US**

Contact us for more information on programs, scholarships or registrations.

WEB [redmond.gov/teens](http://redmond.gov/teens)  
EMAIL [afterhours@redmond.gov](mailto:afterhours@redmond.gov)  
CALL 425-556-2300



**AFTER HOURS**

**1<sup>st</sup> Semester 2016-17**

**Redmond Middle School**

Wednesday afterschool clubs,  
classes, field trips, & more!



# Clubs

## After Hours at RMS

- Wednesdays from 1-3pm
- Located in the school commons
- Choose from a variety of clubs that are youth driven
- Clubs change every 4-6 weeks
- Snacks are provided
- Students signed up for classes or field trips will receive a snack before being transported
- Parties and celebrations featured each semester

## 1st Semester Clubs

Students will sign up for clubs during After Hours. Our Clubs this semester include...

### Science 101

Explore the sciences of physics, chemistry, biology and more by testing out a fun new experiment each week.

### Global Sports

Play new and exciting games that originated in different countries around the world.

### Visual Art

Paint, sculpt, and draw as we explore different art mediums.

### Architecture Club

Future architects, designers, and people that love to build - join us for weekly challenges that get your engineering minds working.

### School Yard Sports

Classic games that will build teamwork and blow off some energy.

### DIY Crafts

Design and create awesome take home and useable crafts.



# Classes

## TEEN ROCK CLIMBING #5669

Tuesdays, Oct 11-Nov 15, 3-4:30pm Fee: \$210

Loc: Vertical World

Rock climbing is a way great to be active, build strength, and utilize strategy techniques to make it to the top. Learn basics of rock climbing or just improve your skills. Perfect for climbers of all levels.

## INTRODUCTION TO GLASS BLOWING #5668

Mondays, Oct 3-24, 3-pm Fee: \$156

Loc: Redmond School of Glass

In this four week course, a professional glass artist will guide students through a series of demonstrations and hands-on exercises to build their understanding of the blown glass art form. Every student will have an opportunity to make a paperweight, ornament, small bowl, and a seasonal project. Students must wear closed toed shoes and long cotton or natural fiber pants.

## PARKOUR #5670

Thursdays, Oct 13-Dec 8 (No class Nov 24), 3:30-5pm Fee: \$325

Loc: MoveFree Gym

Parkour is a physical activity that combines the science of play and the art of movement. MoveFree Academy will train you to control your body through fun physical and mental challenges the way it was meant to be used. Play games, learn new skills, progress your strength, and dominate obstacle courses while optimizing your ninja potential.

# Trips

Meet new people or hang out with your friends while going on fun local excursions. We pick up teens directly after school, head out on awesome adventures, and then return back to the Old Redmond School House Community Center for pick up. Admission, snack, and transportation are included.

## CORN MAZE #5671

Thursday, Oct 20, 2:30-6pm Fee: \$25

Loc: Dr. Maze's Farm

## BOWLING #5672

Thursday, Nov 17, 2:30-6pm Fee: \$25

Loc: Tech City Bowl

## ICE SKATING #5673

Thursday, Dec 15, 2:30-6pm Fee: \$25

Loc: Bellevue Outdoor Ice Skating Arena

# AFTER HOURS REGISTRATION

Redmond Middle School

Use this registration form to sign-up for club sessions, classes, and field trips. Tally up your payment total at the bottom.

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## Clubs

1st Semester 2015-16

<input type="checkbox"/>	#5666	Wednesdays, 1-3pm \$50
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## Trips & Classes

Check-off the programs you are choosing to participate in

<input type="checkbox"/>	#5669	CLASS: Teen Rock Climbing \$210
<input type="checkbox"/>	#5668	CLASS: Introduction to Glass Blowing \$156
<input type="checkbox"/>	#5670	CLASS: Parkour \$325
<input type="checkbox"/>	#5671	TRIP: Corn Maze \$25
<input type="checkbox"/>	#5672	TRIP: Bowling \$25
<input type="checkbox"/>	#5673	TRIP: Ice Skating \$25

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## Payment Total

Please total your payment below.

We accept Visa/MC, Cash, or Checks payable to City of Redmond.

Total	\$
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Need a Scholarship? Please ask for a scholarship form.

## 3 Ways to Register

1. Return this form with payment to After Hours staff at the school
2. Call 425.556.2300
3. Online at [www.redmond.gov/register](http://www.redmond.gov/register)

Please fill out both sides of this form

